PTR Standard Method Lesson – ‘Flow Chart”
PTR 基本教学方法–‘流程步骤’

INTRODUCTION 介绍

- Greet your students 问候你的学员
- Talk about today’s lesson 介绍今天课程的内容
- Have students demonstrate their stroke 让学员演示击球动作
- Give comments. Identify one error 给出反馈，并对每人指出主要错误
- Demonstrate your stroke 给学员示范正确技术

TEACHING THE STROKE 击球教学

STUDENT DEMO 学员演示

INDIVIDUAL HELP 单独辅导

STUDENT DEMO 学员演示

PRACTICE 练习

Instructor Demo 5 Tactical Priorities- SERVE ONLY 简略示范 5 个阶段的发球要点
Student Demo 学员演示

WRAP UP 尾声

- In a positive manner, review Individual errors 以积极的方式来总结每个学员所犯的错误
- Give the students suggestions on how to practice 给学员提供一些练习建议
- Set up the next lesson and invite the students back 介绍下节课程的内容并邀请你的学员继续上课
- Thank your students 向学员表示感谢