



Oct 6th–10th **PTR ASIA WEEK** 2014 PTR亚洲研讨会网球周

2014 PTR Asia Week will be held Oct 6th-10th at Shanghai Racquet Club, head office of PTR China. This is also the 8th consecutive year of this inaugural event. As most of the speakers and schedules have been confirmed, the outlines are as follows, however, please note this is subject to change and we will keep you with updates as once we have any.

Speakers Intro (For more info about other Speakers please refer to PTR China website)



Michele Krause

Michele Krause is the Cardio Tennis Manager working for the Tennis Industry Association (TIA). Cardio Tennis is an engaging, group fitness activity consisting of fast paced tennis drills and games for players of all ability levels providing a full body calorie-burning workout. Michele has overseen the program since its inception in 2005 and today there are, 1.4 million Cardio Tennis participants in the US and the program has spread to over 30 countries.

Michele oversees the entire Cardio Tennis program both in the US and internationally. Her responsibilities include all the day-to-day operations: administration, programming, curriculum, event planning, training and marketing. She manages the TIA Global Cardio Tennis Team which is made up of 20 Trainers who assist her with training, educating and consumer events. She also serves as the coordinator for those countries who are in the process of establishing, launching or continued development of Cardio Tennis. She speaks at many industry conventions, (PTR, USPTA, IHRSA, ITA, ITF, PBI and USTA) meetings and events to provide ongoing education on the Cardio Tennis program. She also trains coaches how to deliver the product through national and international courses. Internationally she has conducted courses in Portugal, the UK, the Caribbean, Ireland, Poland, Greece and Canada, Australia, Prague and Belgium. She spent 2 years working with Tennis Australia helping them to develop the program for their country.

Michele has developed Cardio Tennis Kids, Supersize Cardio Tennis and TRX Cardio Tennis. Cardio Tennis was featured on NBC's the Biggest Loser under Michele's guidance with Anna Kournikova and she secured Anna as the Cardio Tennis spokesperson.

Michele is a USPTA and PTR tennis professional who managed tennis facilities throughout the US for over 16 years. She is formally educated in TRX Suspension Training and is a Certified Ignite 360 (Combine 360) Trainer. Michele received the TIA/PTR Industry Excellence award on 2012. Michele continuously strives to improve the Cardio Tennis experience for both the tennis professional and the consumer.



Michelle Skelley

Michelle Skelley has been teaching tennis for over 20 years and is the Head Tennis Professional at Wanakah Country Club in Buffalo, NY. In addition, she is a PTR National Clinician and Tester for both the Junior Development and Adult Development pathways, a USTA National Faculty Member, alumni of the CardioTennis National Speaker's Team, and an USPTA Elite Professional. Michelle has helped with several 10 and under demo events across the US, including those at the White House, Disney World, and at the Billie Jean King National Tennis Center. She has presented at numerous conferences including the 2012 and 2014 PTR International Symposia. Currently Michelle is the CEO of Tennis Whizz, the globally recognized pre-school tennis program co-created with Mike Barrel.

Venue and 2014 PTR Asia Week Organizers:

PTR China Office – located at Shanghai Racquet Club Lane 555 Jinfeng Lu, Hua Cao Town, Minhang District, Shanghai 201107, China
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 zhangyi@ptrchina.com

- PTR renewals and new PTR membership registrations can be made upon registration for 2014 PTR Asia Week or at 2014 PTR Asia Week.
 - For inquiries about PTR membership please contact the Symposium Organizers (PTR China Office).
 - There will be a junior training program running during the symposium week for coaches who are interested in bringing players.
- For more information, please contact Pablo@fusionchina.net



SYMPOSIUM

Oct 6th Monday

- 8:30 - 9:30 Sign In for all participants.
- 9:30 - 10:45 Physical Skills for U10— Michelle Skelley
- 10:45 - 12:00 BILT LAUNCH AND TRIAL CLASS
- 12:00 - 13:15 Lunch Break
- 13:15 - 14:15 Biomechanics and video capturing for stroke analysis— Eufrazio Fondon
- 14:15 - 15:30 Cardio Tennis Games and Drills— Michele Krause
- 15:45 - 16:45 Bulgarian Ball and Grip — Luc Lu
- 16:45 - 17:45 Pro 7 and its application in Tennis — Vivian Fei

Oct 7th Tuesday

- 9:00 - 10:15 Mental Skills for U10— Michelle Skelley
- 10:15 - 12:00 Build Your Tennis Athlete— (11:30-12:00 Master Trainer Candidate Selection) Kevin Liu
- 12:00 - 13:15 Lunch Break
- 13:15 - 14:15 Stroke Analysis under Biomechanics Principles — Eufrazio Fondon
- 14:30 - 15:30 Wilson Fast Feeding Competition
- 15:30 - 16:45 Super Sized Cardio Tennis— Michele Krause
- 16:45 - 17:45 Crosscore and its powerful rotation — Subway Lin

Oct 8th Wednesday

- 9:00 - 9:30 Power Balance Product Intro
- 9:30 - 10:30 Tennis Fitness Training— Subway Lin
- 10:30 - 11:00 ZEPP Product Intro
- 11:15 - 12:15 TRX in Tennis— Michele Krause
- 12:30 - 14:00 Awards Banquet
- 14:00 - 21:00 Trip to Rolex Masters (shuttle bus and ground pass provided)

WORKSHOP

Oct 9th Thursday

Tennis Whizz Certification Course (Under 5 Coaching) ,
by Michelle Skelley

- 9:00 - 12:00 Tennis Whizz Certification Course
- 12:00 - 13:30 Lunch Time (Own Lunch arrangement)
- 13:30 - 17:00 Tennis Whizz Certification Course

Oct 10th Friday

Cardio Tennis Training Course, by Michele Krause

- 9:00 - 12:00 Cardio Tennis Training Course
- 12:00 - 13:30 Lunch Time (Own Lunch arrangement)
- 13:30 - 17:00 Cardio Tennis Training Course

FEES:

(SYMPOSIUM)
(WORKSHOP)

2014 PTR Symposia Fee (Oct 6th– 8th) (excluding PTR Membership)

- ◆ PTR Member: RMB1,980 ☐
- ◆ Non PTR Member: RMB2,280 ☐

2014 PTR Week (Oct 9th) Tennis Whizz Certification Course (Excluding PTR Membership)

- ◆ PTR Member: RMB1,180 ☐
- ◆ Non PTR Member: RMB1,380 ☐

2014 PTR Week (Oct 10th) Cardio Tennis Training Program (Excluding PTR Membership)

- ◆ PTR Member: RMB1,180 ☐
- ◆ Non PTR Member: RMB1,380 ☐

2014 PTR Week Package (Oct 6th–10th, Excluding PTR Membership) :

- ◆ PTR Member: RMB3,880 (You save RMB360) ☐
- ◆ Non PTR Member: RMB4,580 (You Save 460) ☐

Renewal or Joining PTR Membership during 2014 PTR Week

(Membership Until Dec 31st 2015, FREE PTR China Coaching Aids (Valued at RMB240) , One Year Subscriptions of Tennis Master Magazine (RMB180) and the opportunity to purchase two Wilson SET Rackets at 60% OFF.

- ◆ PTR Membership Renewal: RMB980 ☐
- ◆ Non PTR Member: RMB1,400 ☐

Name / 姓名: _____ Gender / 性别: _____

Address / 地址: _____

Tel / 固定电话: _____ Mobile / 手机: _____

E-mail / 电子邮件 (请务必填写清楚): _____

Birthday / 出生年月日: _____ Post Code / 邮政编码: _____

National ID / Passport #: (身份证或护照号码): _____

Language(s) Spoken / 能掌握的语种: ☐ Mandarin 普通话 ☐ English 英语

Tennis playing, teaching and / or coaching experience: 相关网球或教学经历:

Note: No refunds or part-refunds for cancellation
注意: 如果退出课程将不予以全额或部分退款

我已了解本次活动包括的场上网球运动可能造成的伤害或财产损失并愿意承担相关风险。如果我在本次培训中发生伤害事故、财产损失, 本人愿意不以任何形式追究主办方、场地供应方以及PTR组织及教官的一切责任。

免责条款

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By entering your name on this registration form you are agreeing to the following disclaimer: The PTR Mainland China, its hosts, venue providers, testers, staff and other representatives will not be liable for physical injury or property damage or other losses arising out of or in relation to your participation in PTR workshops and other activities conducted by PTR Mainland China.

签 名 Signature: _____

日 期 Date: _____

场地和研讨会组织者:

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* PTR续费以及新会员注册可以在报名或参加研讨会时同步完成。PTR会籍咨询或入籍, 请联系研讨会组织方 (PTR中国大陆办公室)。

* 上海西庭网球俱乐部提供高级公寓房。研讨会住宿预订细节或其他资讯, 请联系研讨会主办方。

* 教练们如果有带小选手过来, 研讨会期间也会有个青少年的训练项目。更多信息请发邮件到Pablo@fusionchina.net